



Alberta Justice also offers a course called Focus on Children in Separation (FOCIS). This free course is designed to help parents communicate while parenting apart.

For more information or to register for FOCIS, please call:

Calgary 403-297-6981  
Edmonton 780-644-5092  
Elsewhere in Alberta 403-340-7187  
Dial 310-0000 first for toll free access in Alberta.

## Family Justice Services

Family Justice Services is a group of programs and services offered by Alberta Justice and Alberta courts to help Albertans get appropriate solutions for family law issues.

For more information, please call:

Calgary 403-297-6981  
Edmonton 780-427-8329  
Elsewhere in Alberta 403-340-7187  
Dial 310-0000 first for toll free access in Alberta.  
Website: [www.albertacourts.ab.ca](http://www.albertacourts.ab.ca)

## PARENTING AFTER SEPARATION

Family  
Justice  
Services



How a child reacts to their parent's separation will depend on age, level of emotional development, attachment or relationship history and, most importantly, how respectful the parents are towards one another.

Parenting After Separation is a free 6 hour workshop that can help parents understand how to meet their child's needs during this difficult time.

This workshop will also help parents in understanding the process and effects of separation and will encourage parents to make positive choices about how they will continue to parent their children after separation.

The objectives of Parenting After Separation are to provide parents with tools to:

- help children through the separation
- help parents maintain a positive relationship with their children
- help parents understand the emotional, financial and legal implications of divorce or separation
- assist parents in preparing a parenting plan, and
- promote mediation as a means of resolving disputes



#### Additional information:

- parents must attend the entire 6 hour course to receive a certificate.
- parents may ask to attend together or apart.
- attendance is required for most proceedings in the Court of Queen's Bench.
- attendance is voluntary for Provincial Court matters unless ordered by the court.
- no children will be admitted.
- security is on site.

#### For more information or to register, please call:

Bonnyville	780-645-6324
Brooks	403-504-8026
Calgary	403-440-3833
Camrose	780-679-1240
Canmore	403-609-3743
Drayton Valley	780-514-2204
Edmonton	780-413-9805
Edson	780-865-8280
Fort McMurray	780-743-7136
Grande Prairie	780-538-5340
Hinton	780-865-8280
Jasper	780-852-2117
Lethbridge	403-320-4232
Lloydminster	780-853-8130
Medicine Hat	403-504-8026
Peace River	780-624-6256
Red Deer	403-343-6400
Slave Lake	780-523-6600
Spruce Grove	780-962-7583
Stony Plain	780-963-8583
Wetaskiwin	780-361-1258

Dial 310-0000 first for toll free access in Alberta.

## Parenting After Separation for Families in High Conflict (PASHC)

The more intense, long-lasting and open the conflict between the parents during their separation, the more problems the children experience. Children often respond to parental conflict with aggressive behaviour, depression and other behaviour problems.

In some instances, a high level of conflict may continue for several years after separation. Families experiencing high conflict may routinely find themselves in court to solve issues that should be relatively simple.

PASHC is a free 3 hour seminar available to all parents who have already completed the 6 hour Parenting After Separation course. PASHC is presently available in Edmonton and Calgary areas only.

#### Course topics include:

- Separating Partner and Parental Roles
- Parenting Plan for High Conflict Families
- Anger, Abuse, Power and Control
- Child Development and the Needs of Children
- Renegotiating Boundaries

#### Additional Information:

- participation is voluntary unless directed by the Court to attend
- no children are permitted
- security is on site
- certificates are provided on completion of the workshop

#### For more information or to register, please call:

Edmonton 780-413-9805

Calgary 403-440-3833

Dial 310-0000 first for toll free access in Alberta.